

General Information

- This seminar will be open to attendance to members of the Society, as well to medical doctors or dentists who are not members but would like to gain some knowledge and experience of the philosophy and practical implementation of the therapeutic use of local anesthetics (Neural Therapy). The seminar consists of theoretical and practical parts (Hands-on Workshops)
- For the practical workshops (hands on), especially those involving ganglia techniques, a strict order of priority will be held, since there will be a maximum number of participants determined by the instructors, but in any case, it will not exceed 20–25 participants
- The cost of the seminar is 430 EUR, which must be deposited under the participant's name to the Society's Alpha Bank account (IBAN: GR9301402140214002002002550, BIC: CRBAGRAA) not later than Friday 28.11.2025

The official language of the seminar will be English

A certificate of attendance will be awarded at the end of the seminar.

**THE ANNUAL GENERAL ASSEMBLY OF
THE HELLENIC SOCIETY OF NEURAL
THERAPY has been scheduled for
Saturday, December 6, 2025, 19:00**

immediately after the completion of the day's
educational activities.



HELLENIC SOCIETY OF
NEURAL THERAPY
& STUDY OF
HOMEOSTASIS

100 Years Neural Therapy Anniversary Seminar

The Autonomic Nervous System in Health and Disease

Understanding its Philosophy and
Management from Somatic Disorders
to Psychic Trauma with simple
and advanced Techniques

100 Years Neural Therapy Anniversary Seminar

5th–7th December 2025

Pasteur Institute

Vas. Sofias 127 - 11521 Athens

Greece



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Message from the president

In the current year, we mark exactly 100 years since the Huneke brothers made the observation that infiltrations of local anesthetics (procaine) into different areas and tissues of the body produce therapeutic effects whose duration far exceeds what would be expected from the pharmacological properties of the injected substance. They also observed that the speed at which these therapeutic results appeared was so rapid that the only possible mediator could be the Nervous System, and more specifically, the Autonomic Nervous System (ANS). Thus, they devoted their full attention to the study and clinical approach of the ANS, considering that its activity is what determines health or disease. Indeed, modern research has shown that parameters fully controlled by the ANS - such as tissue perfusion and oxygenation, the accumulation or elimination of toxins and metabolic byproducts - are directly linked to phenomena of chronic inflammation, pain, latent tissue acidosis, and degenerative changes, which are characteristic of most chronic diseases that afflict our patients. The therapeutic use of local anesthesia (Neural Therapy) constitutes one of the most effective tools available to the clinical physician for controlling dysfunction of the ANS (usually the increased activity of the sympathetic nervous system), decisively contributing to the control of pain and inflammation, without suppressing the immune system. Autonomic ganglia appear to hold a key role in the treatment of many chronic disorders, possibly due to their ability to store pathological information through their neuroplasticity, as recent data suggest. We therefore invite all interested colleagues to share with us this fascinating journey of knowledge and clinical experience, through the presentations of experienced colleagues and trainers.

Gerasimos Sp. Papathanasiou

President of the Hellenic Society of Neural Therapy and Study of Homeostasis

Speakers



Dr. Gerd Belles

- Dr. Gerd Belles is an experienced family doctor with over 30 years of practical experience, which he gained together with his brother in their own practice. His medical focus is on sports medicine, pain therapy, neural therapy and osteopathy. As a trained neural therapist (IGNH), he has been intensively involved with this form of therapy for more than 20 years and was trained by Dr. Jürgen Huneke, a pioneer of neural therapy. Dr. Huneke is one of the founders of the
- Dr. Gerd Belles has made a name for himself as a lecturer in neural therapy. He is a regular speaker at international congresses, where he shares his knowledge and experience. Together with his brother and the University of Anatomy in Greifswald, he has developed new injection techniques that contribute to the further development of this form of therapy.
- Due to his scientific merits for neural therapy, he is a member of the Scientific Advisory Board of the IGNH.
- Through his many years of experience and his commitment to the medical community, Dr. Gerd Belles has had a significant influence on the worldwide practice of neural therapy and its recognition in the healthcare system.



Dr Robert Harsieber

- Born in 1950 in Gloggnitz/Austria,
- He studied philosophy and psychology in Vienna and worked as a journalist for specialist media in the fields of science, business and medicine.
- He is the author of "Das neue Weltbild" (1988), "Jenseits der Schulmedizin" (1993) and "Quantenlogik und Lebenswelt" (2021).
- He runs a philosophical practice in Vienna and is a member of the board of the C.G. Jung Society Frankfurt/Main.

Speakers



Dr. Michaela Keil

- Michaela Keil is an experienced specialist in surgery who now works as a general practitioner with a particular focus on special pain therapy, sports medicine, neural therapy and manual therapy. After her in-depth training in surgery, she decided to apply her expertise to general medicine in order to provide holistic patient care.
- Michaela Keil has been a lecturer in neural therapy for around 15 years and has continuously expanded her knowledge and skills in this area. She was a student of Dr. Jürgen Huneke, a pioneer of neural therapy, and has integrated his teachings into her own practice.
- She was also a former secretary of the International Society for Neural Therapy (IGNH) and has shared her knowledge and experience with colleagues as a speaker at international congresses. Her achievements in neural therapy were recognized by her honorary membership in the Mexican Neural Therapy Society. Michaela Keil is passionate about improving patient care and always strives to expand her knowledge through continuous education and exchange with other professionals.



Dr. Gerasimos Papathanasiou

- Born in Athens -Greece
- Study of Dentistry (Diploma 1993) and Doctorate in Pathophysiology at the Humboldt University in Berlin (Department of Pathophysiology) - Germany (1994)
- Military service in the Hellenic Airforce as a Dentist (1995-1997)
- Private Practice General Dentistry – Prosthodontics – Craniomandibular and Occlusal Disorders since 1997 in Athens
- Training in Medical Acupuncture (Athens) and Diploma in 2002
- Training in Neural Therapy (Therapeutic use of Local Anesthetics) in Vienna and Diploma issued by the Austrian Society of Neural Therapy – ÖNR in 2005
- Certified EFT (Emotional Freedom Techniques) Practitioner since 2019
- Founder and President of the Hellenic Society for Neural Therapy and Study of Homeostasis (www.neuraltherapy.gr) since 2009. Organization and teaching of multiple courses in Greece and abroad.
- Holder of Otto Bergsmann Award for Innovative Basic- Research in therapeutic local anesthesia awarded from the Austrian Medical Society for Neural Therapy in 2007
- Instructor and Trainer of the Austrian Medical Society for Neural Therapy 2007-2014
- Instructor and Trainer of the Hellenic Society of Neural Therapy and Study of Homeostasis since 2009
- Instructor and Trainer of the German Society of Acupuncture and Neural Therapy since 2014
- Scientific collaborator in the Department of Macroscopic and Clinical Anatomy of the Medical University of Graz-Austria. Instructor and Trainer in Topographic and Clinical Anatomy concerning multiple injection techniques with and without ultrasound use 2009 - 2019
- Head of the Acupuncture-Neural Therapy and Craniomandibular Disorders Sector of the Headache Department at the Neurological Clinic of the General Hospital "Georgios Gennimatas" in Athens 2004-2012
- Scientific fellow-doctor practicing Neural Therapy in the Pain Clinic Department of Anesthesiology and Intensive Care Medicine of the General Hospital "Agios Panteleimon" in Athens 2013-2014
- Scientific fellow-doctor practicing Neural Therapy in the Musculoskeletal Disorders Ambulance in the Clinic of Physical Medicine and Rehabilitation in the Accident and Rehabilitation Hospital "KAT" in Athens 2014-2015
- Board Member of the International Society of Holistic Dentistry (GZM) - Germany since 2015 - 2018
- Honorary Member of the Austrian Society of Neural Therapy since 2013
- Honorary Member of the German Society of Acupuncture and Neural Therapy since 2017
- Honorary Member of the Turkish Society for Neural Therapy since 2014

Scientific Programm

Friday 5.12.2015

8.00 - 8.45 Registrations

8.45 - 9.00 Opening Remarks and Greetings: Prof. Dr. George Chrousos MD, MACP, MACE, FRCP

9.00 - 10.30 The Historical Development of Local Anesthetics and the Emergence of Neural Therapy: An excellent way to treat Stress, Inflammation and Pain (Dr. Papathanasiou)

10.30 - 11.00 Coffee Break

11.00 - 13.00 WS1: Ganglion Stellatum. Anatomy, Physiology, Indications, Technique (Dr. Belles/ Dr. Keil/ Dr. Papathanasiou)

13.00 - 14.00 Lunch Break

14.00 - 15.30 WS2: Neural Therapy in the Trigeminal Area. The oral cavity as a microsystem (Dr. Papathanasiou)

15.30 - 16.00 Coffee Break

16.00 - 18.30 WS3: Ganglion Pterygopalatinum – Ganglion Oticum: Anatomy, Physiology, Indications, Technique (Dr. Belles/ Dr. Keil/ Dr. Papathanasiou)

Gow/Gates Infiltration Technique for TMJ Disorders (Dr. Belles/ Dr. Keil/ Dr. Papathanasiou)

18.30 - 19.00 Discussion – Questions

Saturday 6.12.2015

9.00 - 10.30 From Particles to Wholeness: Quantum Physics, Depth Psychology and the Philosophy of Healing (Dr. Harsieber)

10.30 - 11.00 Coffee Break

11.00 - 13.00 WS4: NT in andrological/gynecological space. Infiltration Technique according to Dosch (Dr. Belles/ Dr. Keil/ Dr. Papathanasiou)

13.00 - 14.00 Lunch Break

14.00 - 15.30 WS5: The influence of Emotional Trauma on Dysregulation of the Autonomic Nervous System and Strategies to overcome its therapeutic obstacles (Dr. Papathanasiou)

15.30 - 16.00 Coffee Break

16.00 - 18.30 WS6: Glandula Thyroidea : Anatomy, Physiology, Indications, Technique Indirect Paravertebral Sympathetic Chain Blockade according to Mink: Anatomy, Physiology, Indications, Technique (Dr. Belles/ Dr. Keil/ Dr. Papathanasiou)

18.30 - 19.00 Discussion – Questions

19.00 - 20.00 General Assembly of the Hellenic Society of Neural Therapy and Study of Homeostasis

Sunday 7.12.2015

10.00 - 11.30 WS7: Hiatus Sacralis Infiltration/ Sacral Epidural Infiltration: Anatomy, Physiology, Indications, Technique (Dr. Belles/ Dr. Keil/ Dr. Papathanasiou)

11.30 - 12.00 Coffee Break

12.00 - 14.00 WS8 Ganglion Coeliacum / Pre-peritoneal Infiltration in the Stomach Area: Anatomy, Physiology, Indications, Technique (Dr. Belles/ Dr. Keil/ Dr. Papathanasiou)

14.00 - 15.00 Lunch Break

15.00 - 16.30 WS8: Neuromodulation and Immunity: The Role of Vagus Nerve Stimulation as a novel modality for managing Pain and Inflammation (Dr. Papathanasiou)

16.30 - 17.00 Discussion - Questions

17.00 - 18.00 Closing and Certificates Award